

Leading with Confidence, Vision and Impact

Skills Bootcamp in Women's Leadership



Course Outline

This course is designed to equip women leaders with the skills and strategies needed to thrive in modern workplaces. Participants will explore leadership qualities, build a vision aligned with their values, and learn effective communication and team-management techniques. The course also focuses on resilience, time management, and creating supportive networks, enabling participants to lead with balance and purpose in today's fast-paced work environment.

Overall Learning Aims:

- Develop leadership qualities that are adaptable to the demands of modern workplaces.
- Enhance skills in strategic thinking, effective communication, and relationship-building.
- Build resilience and adaptability to navigate workplace challenges and changes.
- Foster a supportive network that encourages continuous personal and professional growth.

Course Outline

Session Title	Date	Time	Description
Intro Session	17/10	10:00 – 13:00	Introduction to the course, setting learning expectations, ensuring everyone can access resources, and establishing connections among participants.
Qualities of Successful Leadership	24/10	10:00 – 13:00	An overview of different leadership styles and qualities, helping participants identify areas for personal development.
You and Your Authentic Self	31/10	10:00 – 13:00	Exploration of authenticity, self-awareness, and personal values, with tools like the 16 Personalities Quiz to understand strengths and their impact on leadership.
Effective Time Management	07/11	10:00 – 13:00	Techniques and tools for managing time effectively, reflecting on personal efficiency, and prioritising tasks.
Workshop 1: Building a Sustainable Peer Support Network	11/11	10:00 – 15:00	Strategies for effective networking, finding support as a leader, and building a community. <i>In person in Bristol City Centre</i>
Creating A Compelling Vision	14/11	10:00 – 13:00	Building confidence in creating a mission and vision aligned with personal and organisational values, and strategies for getting others to buy into your vision.
Communicating to Connect and Influence	21/11	10:00 – 13:00	Understanding how different perspectives shape communication and learning to build influence and rapport with key stakeholders.
Speaking to Inspire	28/11	10:00 – 13:00	Frameworks for delivering compelling presentations, building confidence, and engaging audiences effectively.
Accessing Innovation Through Inclusion	05/12	10:00 – 13:00	Recognising the importance of diversity and inclusion in fostering creativity and innovation within teams and organizations.
Workshop 2: Storytelling And	08/12	10:00 – 15:00	Exploring the power of storytelling in leadership and strategies for building

Building Resilience			personal resilience and navigating adversity. <i>In person in Bristol City Centre</i>
Delivering Strategically	12/12	10:00 – 13:00	Developing strategic thinking and creativity, with an introduction to key performance indicators and agile working methods.
Creating High Performing Teams	19/12	10:00 – 13:00	Techniques for forming and leading high-performing teams, ensuring effective communication, and aligning team goals with organisational objectives.
Managing the Performance of Others	09/01	10:00 – 13:00	Approaches for managing team performance, giving and receiving feedback, and handling difficult conversations to maintain motivation and engagement.
You as a Successful Leader	16/01	10:00 – 13:00	Reflection on your leadership journey, reinforcing the importance of continuous improvement, and preparing for the final showcase.
Showcase	23/01	10:00 – 13:00	Participants present their learning, implementation strategies, and future goals, demonstrating their leadership growth and impact.